

A woman with dark hair tied back, wearing a blue denim shirt, is smiling and washing her hands with a young child in a sink. The child is also wearing a blue shirt and has their hair in a bun. The scene is brightly lit, suggesting a clean, indoor environment. In the top right corner, there is a teal box with white text.

**YOUR
WINTER
HEALTH**

Protect your child's health this winter

All children aged 2 or 3 years old before 31st August 2024 are eligible for the free nasal flu vaccine. Find out more at gov.im/flu or contact your GP to book



**Isle of Man
Government**

Reiltys Ellan Vannin

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